



EDITH COWAN UNIVERSITY PROSPECTUS 2026

Sports Science






Contents

Why PSB Academy?	02
Our Singapore Campuses	05
From Student to Alumni	09
About Edith Cowan University	12
Edith Cowan University Discipline	13
Progression Pathway	15
Our Course	16
Academic Certificate	17
Testimonials	19
How to Apply	21


Why PSB Academy?


Founded in 1964 under the Singapore Economic Development Board, PSB Academy began with a mission to uplift the skills and knowledge of Singapore's workforce. Over the past 60 years, we have grown into a regional leader in higher education, celebrating our Diamond Jubilee in 2024 as a testament to our legacy of excellence.




Over 200,000
Learners Since 1964

8 Renowned Universities
from Australia,
New Zealand
and the UK







Over 100
Full-Time,
Part-Time &
Online Courses




Close to
20
Disciplines




3 Campuses
in Singapore



4-Year
EduTrust-
Certified



Year 2/3
University Entry
for PSB Academy
Diploma Graduates*



Degrees awarded
same as
On-Campus

*Subject to University's approval

An Award-Winning Educational Institution



Empowering Leaders of Tomorrow

Our approach to education focuses on what really matters: excelling in the New Economy. Through quality education, we develop future-ready graduates with the necessary skills, tools, and mindset needed to thrive in an evolving global landscape.

NURTURING

Adaptable and resilient future leaders who embody social intelligence and ethical values, embracing diverse perspectives to shape inclusive communities and contribute to a responsible global ethos.

FORWARD THINKING

Future-oriented thinkers and problem solvers who harness creativity, digital expertise, and interdisciplinary insight to anticipate challenges, embrace change, and create innovative solutions.

EXCELLENCE

Shaping leaders who embody excellence through multidisciplinary expertise and a relentless drive fuelled by curiosity and passion to achieve transformative breakthroughs.

PASSION

Individuals who are committed to making a positive impact, approaching challenges with energy and curiosity, while demonstrating accountability and professionalism in their decisions.



Graduate Employability

Findings of the 2025 GES survey done by PSB Academy also revealed notable results on our graduates post-graduation.



More than **8 in 10** Graduates are gainfully employed as of today^



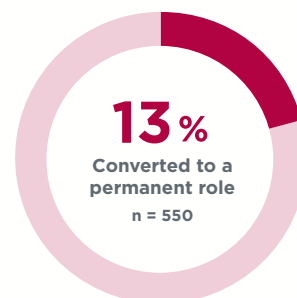
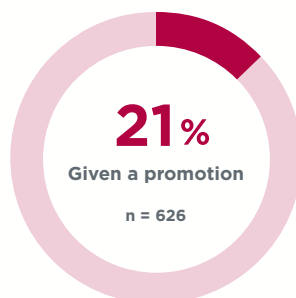
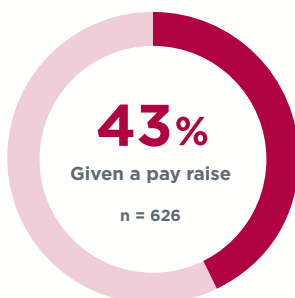
Close to **8 in 10** Graduates are employed within 6 months after final exam^



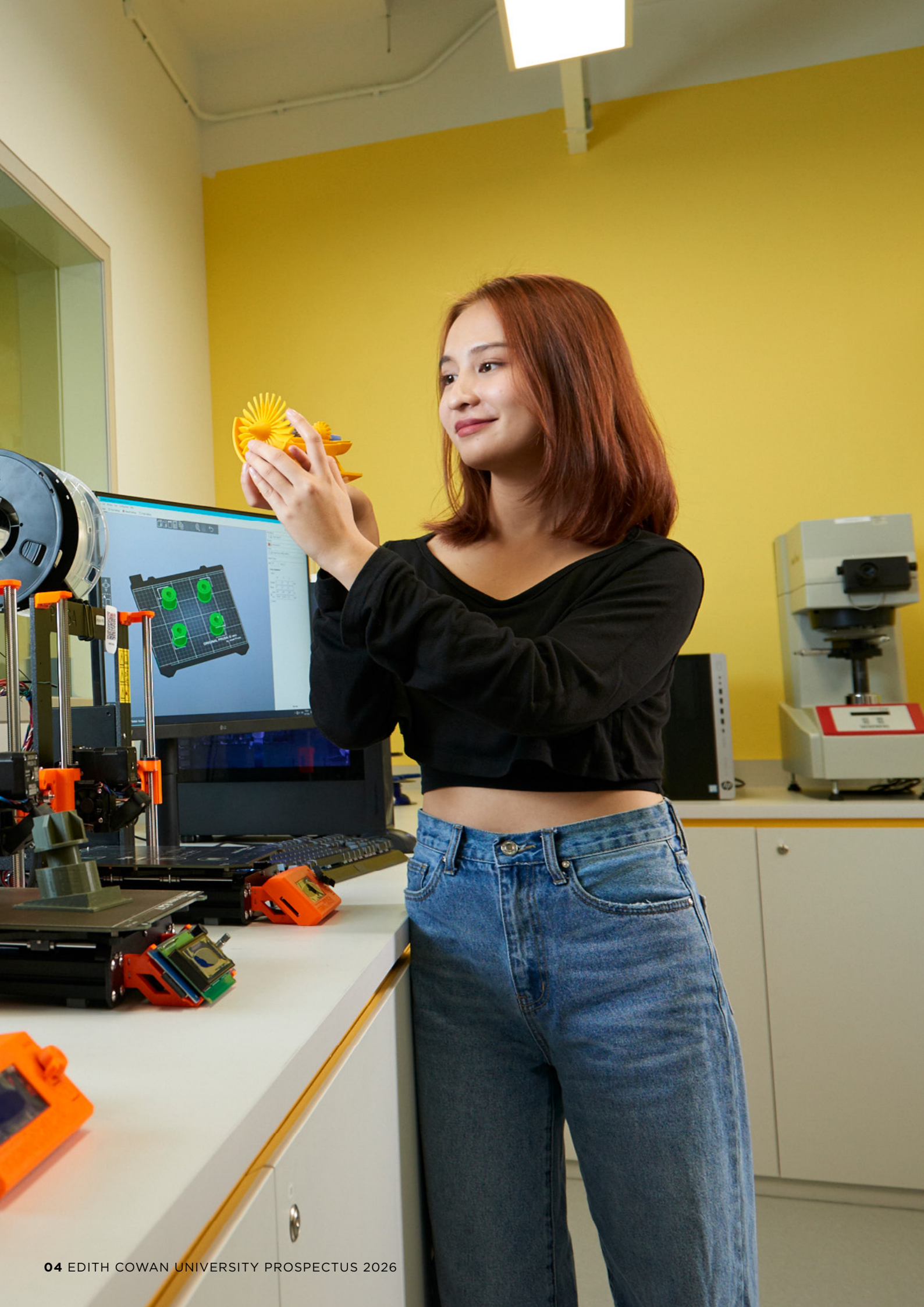
More than **2 in 5** Graduates earned a pay raise^



More than **1 in 5** Graduates earned a promotion^



^All statistics are based on PSB Academy Graduate Employment Survey 2025 conducted by Kadence International Pte Ltd on the 2024 graduating cohorts between August to September 2025. A total of 859 graduates participated in this survey as respondents, of which 49% are full-time (FT) graduates and 51% are part-time (PT) graduates. This survey is not the same survey conducted by SkillsFuture Singapore (SSG). As a result, the SSG Graduate Employment Survey may not be directly comparable due to differences in the sample size scope between the two surveys.



Our Singapore Campuses

PSB Academy is home to three campuses. Our City Campus (Main & STEM Wings) at Marina Square and Cathay Campus at Orchard are designed to blend learning and collaboration.

With a combined floor space of over 180,000 square feet, our campuses offer students a well-rounded learning experience. From industry-relevant facilities and multipurpose open spaces to interactive classrooms, students can immerse themselves in an environment that fosters collaboration, innovation, and the real-world application of knowledge.

Scan or tap to take a tour of our City & Cathay Campuses:





Radio and TV studios equipped with professional broadcasting equipment.



City Campus: Main Wing

Located in Marina Square, the Main Wing is designed as an integrated hub for learning and leisure. From industry-relevant facilities to classrooms fitted with writable walls, the campus provides students with vibrant spaces to learn, collaborate, and build their community.



MBA rooms with wireless display technology to support hybrid learning.



Lecture theatres that are wheelchair -accessible and designed for inclusivity.



Multipurpose open spaces for studying, collaboration, and student activities.





City Campus: STEM Wing

The STEM Wing is designed to advance science, technology, engineering, and mathematics (STEM) education, providing students with a future-ready learning environment. Equipped with modern facilities and industry-approved laboratories, students get hands-on learning experience that reflect real-world scenarios.



Electronics lab equipped with industry-standard software such as MATLAB, SolidWorks, AutoCAD, and more.



Chemistry and Life Sciences labs comprising High-Performance Liquid Chromatography (HPLC) instruments, Protein Purification Machines, and more.



Robotics and AI lab containing technology such as Turtlebot 3 Burgers, Arduino Braccio robotic arms and indoor drones.



Engineering labs with 3D printers, Tensile Test Machine, and more.



Sports Science labs fitted with 3D motion analysis cameras for biomechanics and performance research.



Cathay Campus

Housed within The Cathay, the campus spans more than 43,000 square feet and is designed with sustainability and collaboration in mind. Pockets of green spaces, open collaborative areas, and contemporary amenities are woven to create a vibrant hub for students to engage, collaborate, and thrive together.



Student lounges with variety of seating options to fit different learning styles.



Lecture theatres equipped with motion tracking cameras to simulate in-person interactions for distance learners.

From Student to Alumni

At PSB Academy, your journey doesn't stop at graduation. From the moment you step on campus, you'll be part of a vibrant community that supports your growth through student life, career services, and lifelong alumni connections. Here, learning, networking, and opportunities continue long after your studies.



As a student at PSB Academy, your experience will be anything but ordinary. Throughout your journey with us, you will have the opportunity to explore your passions and build meaningful connections through our vibrant student clubs and international communities.

Scan or tap to explore our Student Clubs:



At PSB Academy, we go beyond the classroom to prepare you for lifelong success. Our Student Success Office (SSO) team connects you with career resources, industry experiences, and employer networks—empowering you to build skills, gain exposure, and take confident steps towards your future career.

Scan or tap to explore our Career Services:



Connecting You with Services



Recruitment Talks

Meet industry experts, hear insider tips, and explore potential career paths with leading companies.



Career Coaching

Get personalised, one-to-one guidance from our career consultants to plan your next steps with confidence.



Career Preparation Series

Build essential skills with training in career management, resume writing, interview techniques, and networking.



Career Fairs

Twice a year, connect directly with employers, discover openings, and showcase your talent in person.



Industry Visits

Gain real-world exposure through visits that show how industries work, while connecting with company representatives.



Alumni Family

Graduation is just the beginning. As part of PSB Academy's global alumni network, you'll stay connected through events, reunions, and professional opportunities. With a diverse community across industries and countries, our alumni family is here to support your growth wherever your journey takes you.

Scan or tap to explore our Alumni Family:



Alumni Reunions



Appreciation Series



Alumni Networking Events

About Edith Cowan University

Edith Cowan University (ECU) provides the ideal learning environment for people who want to reach their potential. Established in 1991, ECU took the opportunity to reshape the way higher education is delivered in a distinctive and inspiring campus environment. ECU courses are developed in consultation with industry, and teaching staff have extensive industry experience and networks. ECU has more than 30,000 undergraduate and postgraduate students. This approach has been rewarded with five-star ratings for undergraduate teaching quality over the past fifteen years, along with consistently high ratings for overall education experience and skills development, as reported in the Good Universities Guide.

Top 23 Uni
in Australia

The Times Higher Education
World University Rankings 2026

Top 26 Uni
in Australia

QS World University Rankings 2026

Top 8 Uni
in Australia for
Sports-Related
Subjects

QS World University Rankings
by Subject 2025

Top 45 Uni
in the World for
Sports-Related Subjects

QS World University Rankings by Subject 2025

Top 22 Uni
in Australia for
Sports-Related Subjects

The Times Higher Education World
University Rankings by Subject 2025

Scan or tap to
learn more:





Edith Cowan University Discipline

Discover a world of opportunities
that broadens your horizons.

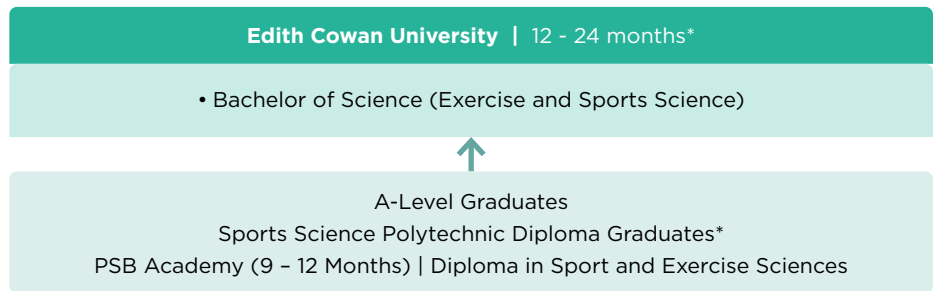


Sports Science



Progression Pathway

Sports Science Pathway



*Subject to University's approval



FULL-TIME

Bachelor of Science (Exercise and Sports Science)



Duration
12* - 24
months



Intakes
Jan, May,
Aug

Scan or tap for
more details:



Course Overview

The Bachelor of Science (Exercise and Sports Science) programme equips students the skills to design, implement and evaluate programmes aimed at improving general health and wellbeing, preventing chronic diseases and enhancing sports and exercise performance. It also prepares them for a variety of professional exercise and sports science roles in the private, corporate and government sectors.

Course Highlights



Industry Immersion

Mandatory 140 hours of supervised work experience through practicum and industrial visits.



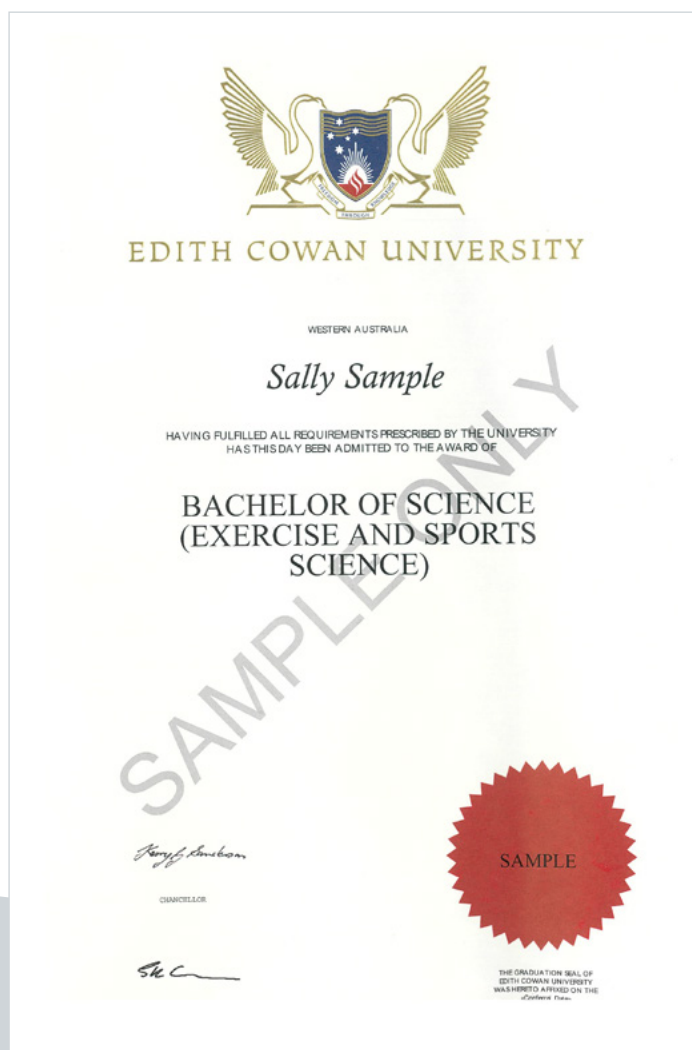
Complete the Degree in 12 Months with a Relevant Polytechnic Diploma*



Study in a Purpose-Built Sports Lab

*Subject to University's approval

Academic Certificate





Testimonials



“

Studying Sports Science will provide me with the insights to improve my performance as a pro MMA athlete. Not only will I use this knowledge to upgrade myself, but I will also use it to educate and help others stay fit and healthy.

”

Amir Khan

Bachelor of Science (Exercise and Sports Science)
Edith Cowan University
Class of 2022

“

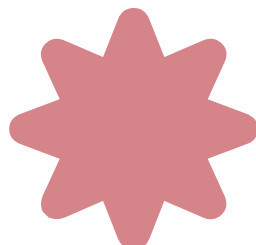
From conducting experiments and analysing data to mastering exercise prescription and sports injury management, the programme equipped me with the essential skills for a career in the sports field.

Lionel Ng Wei Jun

Bachelor of Science (Exercise and Sports Science)
Edith Cowan University
Class of 2025



”





How to Apply

1 Submit Application

Please ensure that your application reaches us at least 2 months before course commencement.

Scan or tap to learn more:



2 Accept Offer

Students will be notified of their application outcome within 10 working days. Successful applicants will receive their offer pack via email:

- Letter of Offer
- Student Contract
- Student Activity Indemnity Form
- Private Education - Advisory Note to Students
- Instructions on Course Acceptance

To accept our offer, please sign the student contract and forms.

3 Pay Course Fees

Before course commencement, you are required to make payment for the first installment of your course fees and relevant fees, as indicated in Schedule B of the Student Contract.

For all students: It is important to note that all payments for applications, course fees and other services offered by PSB Academy should be made only to us. Please ensure the invoice/application # is included under the bill reference. A receipt can be provided to prospective students on request. Please allow three working days after we have verified your payment.

We offer other payment modes, such as credit card and cash on-campus.

Scan or tap to learn more:



Interbank Transfer / Telegraphic Transfer / Swift

Account Name: PSB Academy Pte Ltd
Bank Name: United Overseas Bank Limited
Bank Branch: UOB Main Branch
Branch Address: 80 Raffles Place, UOB Plaza 1, Singapore 048624
Account Number: 451-306-636-2
Bank Code: 7375 / Branch Code: 001
Swift Code: UOVBSGSG (for international students)

Flywire (International Currencies)

To protect our students from impersonation scams and phishing attacks, Flywire payment is enabled only through our PSB Academy website. Kindly use the link psb-academy.edu.sg/flywire for your security. If you detect any suspicious requests for personal information or payment, please inform us immediately at contactus@psb-academy.edu.sg

PayNow (Bank Mobile App)



● Cathay Campus

The Cathay,
2 Handy Road,
#05-01 & #06-01
Singapore 229233

● City Campus

Marina Square,
6 Raffles Boulevard
Singapore 039594

○ Main Wing
#03-200

○ STEM Wing
#04-101/102



PSB Academy

☎ +65 6390 9000

🌐 psb-academy.edu.sg



Cert No: EDU-2-2005
Validity: 14/05/2022 - 13/05/2026

PSB Academy
Reg. No. 200704825E
20/05/2022 - 19/05/2026

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