

# LIVING WITH A ROOMMATE



You and your roommates share a significant amount of time and personal space together. It is important to foster healthy relationships to have a positive roommate experience and college life.

Things to ask to get along with your roommate better

## LIFESTYLE

What time do you usually wake up and go to bed?



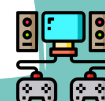
Discuss a cut off time where lights and music need to go off.

How often do you cook at home?



Set a schedule and take turns to use the kitchen.

How do you spend your weekends?



Plan a schedule on who can use the common items such as the television in the house.

## COMPATIBILITY

What are some things that you can't stand?



Avoiding each other's pet peeves can help prevent unnecessary arguments.

How do you deal with conflicts?



Let each other know how you deal with:

- Conflicts (eg. addressing the issue immediately or cooling down before revisiting the issue)
- Emotions (eg. being under pressure, angry or upset)

What are your bad habits?



Forget to replace empty toilet paper roll? Left your food in the fridge for weeks?

Be transparent about your bad habits. Who knows your roommate might help you break away from them!

## CLEANLINESS

Do you wash the dishes immediately after cooking?



Create a cleaning schedule, divide the chores, or take time out to clean the apartment together.

How often should the toilet be cleaned?

## GUESTS

Do you throw parties?



Discuss the number of guests allowed, types of activities that can be held and what the guests can or cannot do.

Do you have a boy/girl friend who is going to be around a lot?